When You Are Ready to Quit

LGH offers The American Lung Association's Freedom from Smoking Cessation classes. Call 1-877-LGH-WELL or visit our website at www.lowellgeneral.org to register.

Smoking Cessation Programs and other resources available:

Massachusetts Department of Public Health
Tobacco Control Program
www.trytostop.org
1-800-TRY-TO-STOP

American Lung Association
1-800-LUNG-USA
www.lungusa.org
Offers a 24/7 free online cessation program

National Cancer Institute
www.smokefree.gov

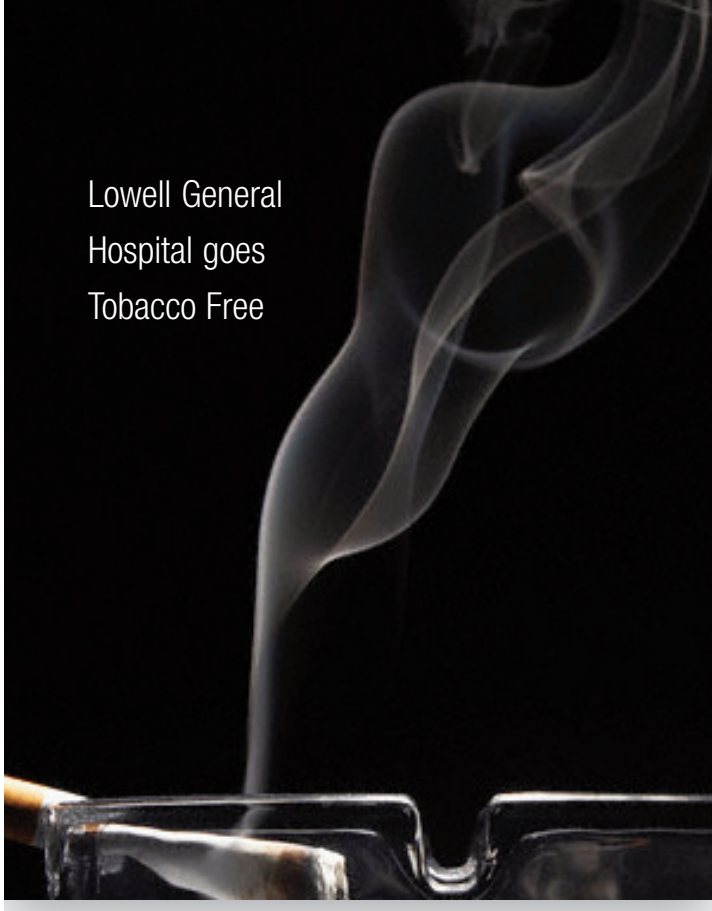
American Cancer Society
www.cancer.org
800-ACS-2345

American Heart Association
800-AHA-USA1
www.americanheart.org

US Office of the Surgeon General
www.surgeon general.gov/tobacco

LGH
LOWELL GENERAL HOSPITAL

295 Varnum Avenue, Lowell, MA 01854-2193
(978) 937-6000 — TTY (978) 937-6889
www.lowellgeneral.org



TOBACCO FREE

Lowell General Hospital

Purpose

The proven health hazards of tobacco are well known within the medical community. Tobacco use is the number one cause of preventable illness and death worldwide. **As a major healthcare provider in the Greater Lowell Area as well as the largest not-for-profit employer in Lowell, Lowell General Hospital is committed to providing a healthy experience for all employees, vendors, patients and visitors.** This involves one that is free of tobacco.

Scope

Due to the acknowledged hazards arising from exposure to environmental tobacco smoke, it shall be the policy of Lowell General Hospital to provide a tobacco free environment for ALL persons on all LGH owned and leased premises. To include grounds, parking lots, and any vehicles on its properties.

Policy

1. The use of tobacco products (cigarettes, cigars, chewing tobacco, pipes, etc.) is prohibited in or on all Lowell General Hospital owned or leased building, grounds, parking lots, parking garages, or vehicles on it's properties. No exceptions to this policy will be granted.
2. Tobacco in any LGH vehicle is strictly prohibited at any time.
3. Employees shall not use tobacco products during their paid work time, including breaks, and are strongly encouraged not to use tobacco products during their unpaid work time (lunch.) Smoke odors at any time are not allowed. Refer to (HR H-C Personal Appearance).
4. Employees are prohibited from using tobacco products on the campus and adjacent property (perimeter streets and sidewalks) at anytime during their work shift.
5. Signs will be posted at strategic locations around LGH's facilities to notify staff, visitors and patients of this policy.
6. Patients and visitors will be informed of the tobacco policy upon arrival or admissions appropriate through distribution and/or explanation of the policy.
7. No physician with privileges at LGH may write orders for a patient to use tobacco products on LGH's properties.
8. All employees are authorized to reinforce this policy with courtesy and diplomacy to all persons observed using tobacco products on LGH properties.
9. Directors, Supervisors and Managers will educate employees about this policy and to ensure that the policy is implemented and enforced.
10. Non-compliance of this policy will be subject to current disciplinary procedures. Refer to (HR-5 Progressive Discipline).